

# Cathy Campbell Herndon

*“Art for me is something I think about all the time. An idea comes from a shape or a color, a phrase, a song, a memory, or a passing glimpse of life experiences. Thoughts travel in many directions and then, when I’m ready there’s an energetic frenzy that lasts until I finish the piece, no matter how long it takes.”*

Over the past 40 years, Cathy Herndon has brought together a variety of sources to produce a body of award winning art work. Herndon’s work stems from a serious interest in world cultures and folk art, with her direction taking on a 20th century context. She creates informative pieces in a diverse array of materials assimilating the Dada and Surrealist tradition of assemblage. Herndon also incorporates collage, neon, sign painting and acrylic painting techniques. She says, “The usage of sign craft and neon are like messages of life long forgotten...it makes it come alive again and gives you a rejuvenated energy.” A recent series PORTHOLES incorporates circles as portholes and portals connected with architectural elements, landscapes, and abstractions through paint and mixed media.



A native of Ashland, Virginia, Cathy Herndon earned a B.S. from Radford University in Art and Drama and an M.S. in Art Education from VCU and has taught Art in public schools and privately for 44 years. She is currently a retired Art teacher from Stafford Co. Schools, Fredericksburg City Schools and adjunct teacher at the University of Mary Washington. Cathy has received much recognition as an art teacher, including a Teacher Exchange to London, England, a Fulbright Memorial award to Japan, Virginia State Middle school Art teacher of the year 2004 and Gayle Middle Teacher of the year 2010.

Her award -winning artwork has been included in exhibitions and private collections throughout the U.S. and Europe. She has completed many mural commissions as well as free lance artwork. She has had several artist residencies including Virginia Center for the Creative Arts in Virginia and Auvillar, France with shows in '88, '06, and '15. In '99, '11 and '15 she had one person and group art shows in Frejus, France. Recently she was the guest artist for an art exhibition and teaching art in Este, Italy May of 2022.

Cathy is a founding member of Exposure Unlimited art group and a past president of the Fredericksburg Center for the Creative Arts. She is a founding artist member of Art First Gallery, and a current artist at Libertytown Arts in Fredericksburg. Cathy is on the Board of Directors and past President of the Fredericksburg-Frejus France Sister City, Schwetzingen Germany-Fredericksburg Alliance, and a founding member of Kathmandu, Nepal, and Este, Italy Sister Cities in Fredericksburg.

## CONTACT

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